



## **IHLATI** offers a fantastic outdoor LEADERSHIP and TEAM BUILDING COURSE

for all kinds of learners, where they learn to master basic leadership techniques like planning, briefing, controlling, motivating, sacrifice, growing as a leader, etc.

Ihlati makes use of the SmartBrain Child Development Institute for the facilitation of the camp.

This outdoor experience takes place at **Ihlati Bush Camp, close to Malmesbury.**

A weekend packed with leadership techniques, obstacle courses, swimming, friendship and adventure proves to be an unforgettable experience for the ones who have already completed the course.

Leadership ability is founded on five strengths that are *inward*. These personal strengths – **vision, self-belief, results, focus, courage, integrity** – are what **people must develop to close the gap between their potential and their achievement**. These five strengths, while vital, are not enough in themselves. They achieve their effect through **team-work, visibility, communication, attention, commitment**.

The program might look like this:

### **Day one**

14:00 - 14:30	-	Arrival and sleeping quarters.
14:30 - 15:30	-	Getting a team identity,
15:30 – 16:30	-	Making Banners
16:30 – 17:30	-	Swimming
17:30 – 18:30	-	Time Challenge
18:30 – 19:30	-	Supper.
19:30 – 20:30	-	<b>A – Angel (Ethics and Character)</b>



# Smartbrain Child Development Institute

Read better. Learn better. Live better.

20:30 – 21:00	-	Tuck Shop
21:15 – 22:00	-	Team Night Adventure Game: Life line

## Day Two

07:00	-	Rise and Shine and cleaning of the camp
08:00 – 09:00	-	Breakfast
09:15 – 10:45	-	Teams have to master different obstacles – Develop team work, selflessness, courage, how to handle pressure, etc
11:00 – 12:00	-	Swimming – leisure time
12:00 – 13:00	-	<b>B – Books (Knowledge and Experience)</b> Developing your leadership abilities. Evaluating Motivating Organizing Setting an example.
13:00 – 14:30	-	Lunch, swimming/leisure time
14:30 – 16:00	-	Boeresport
16:00 – 17:00	-	Swimming
17:00 - 18:00	-	<b>C – Clock (Time Management)</b> Team Organization Activity – Card Game
18:00 – 19:30	-	<b>D – Donkey (Discipline of a leader)</b> Supper
19:30 – 21:00	-	<b>Memory exercises and brain development</b>
21:00	-	Tuck shop
21:30 – 22:00	-	Evening activity
22:00	-	Lights out



## Day three

07:00	-	Rise and shine
08:00 – 09:00	-	Breakfast
09:00 – 10:00	-	<b>E – Eagle (Develop a good self image)</b>
10:00 – 11:00	-	Cleaning the camp
11:00	-	Handing out of certificates
12:00	-	Departure

### Outcomes of this leadership course:

The learners will be able to:

1. Explain the concept of leadership
2. Understand the qualities of a leader such as empathy, objectivity, transparency, accountability, responsibility, honesty, integrity, etc.
3. Motivate self and the team, organise a team, delegate tasks and exercise control over the team.
4. Create synergies between team members
5. Create a vision for the team

Make sure your school's leaders are amongst the top leaders in the country. All we need to do is to motivate them and give them the tools in hand wherewith success is inevitable.

Please contact Marilyn Opperman or Brand van Dyk at 021-910 2615 for any more details of the **SmartBrain** Leadership Camp.

Yours faithfully

Marilyn Opperman  
**SmartBrain** Director